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### CONSENT FOR RELEASE OF PRIVATE HEALTHCARE INFORMATION

I, \_\_\_\_\_, hereby authorize \_\_\_\_\_  
of Self Expressions to release and obtain information with the following individual or organization:  
The purpose of this release is to improve assessment and treatment planning, share information relevant  
to treatment and to coordinate services.

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Revocation:** I understand that I have the right to revoke this authorization at any time by giving  
written notification to my therapist at Self Expressions. I further understand that a revocation of the  
authorization is not effective for action that has already taken place with the earlier authorization.

**Expiration:** I understand that this authorization expires \_\_\_\_\_, or one year  
from the date of the signature below.

I understand that once protected healthcare information is disclosed it may be redisclosed by the  
recipient and may not be protected by federal privacy laws and regulations.

**Signature of Client:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
(or of Parent/ Guardian if client is a minor)

**Signature of Witness:** \_\_\_\_\_ **Date:** \_\_\_\_\_